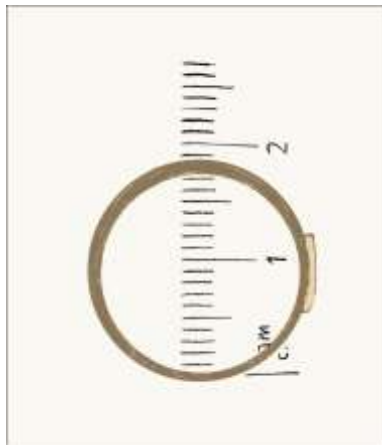


RING

Method 1 ring:



Place a ring you already own and fits precisely on a scale. Measure the inner diameter in mm. use the ring chart given below to determine your ring size.

OR

Print out a true-to-size ring size chart like this one and place your ring on the circles until you find the one that matches up with the inside circumference of your ring.

3	4	5
14mm	14.8mm	15.6mm
6	7	8
16.45mm	17.3mm	18.2mm
9	10	11
19.0mm	19.8mm	20.6mm
12	13	
21.4mm	22.2mm	

Method 2 ring:



-You can measure your ring size using either string or thin strip of paper.

-Take the either one and wrap it around the base of your finger, marking where it first overlaps with a pen.

-Then, line that up with a ruler and take down its length in mm.

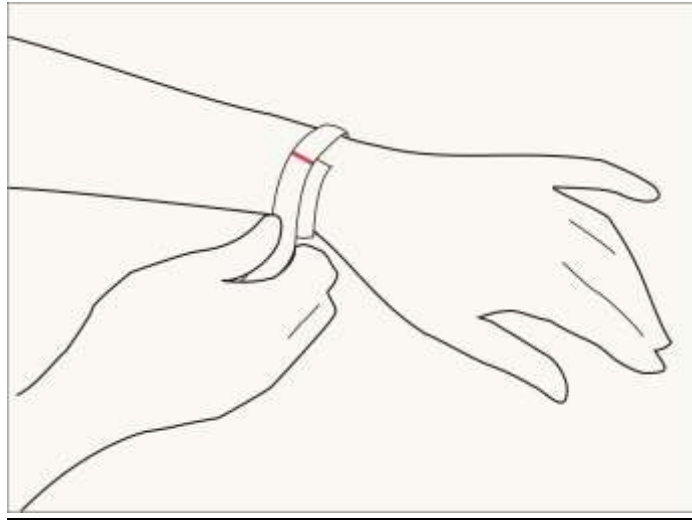
-**Consider your knuckle:** If you know your knuckle is on the larger side, you should order half a size bigger than what your finger alone indicates, otherwise you won't be able slide a ring into the right place.

-With standard ring sizes, every half-size matches up to a 0.4 mm increment, starting with size 3 equalling 14 mm, size 3.5 equal to 14.4 mm, size 4 equal to 14.8 mm, and so on.

-**There is one caveat with this method:** String can stretch, so try not to put force. If you do, your measured ring finger size may be larger than your finger actually is, and any rings you purchase may be too big.

BRACELET

Method 1 bracelet:



- Take a strip of paper or string and wrap it around the wrist.
- Don't wrap it too loose or tight, this can affect your final wrist measurement
 - Mark the point of intersection
 - Measure the length from the starting point to the marking
- To convert a wrist circumference to a numeric bracelet size, simply add 1/2 inch/12.7mm to the wrist measurement.

BRACELET SIZE CHART FOR WOMEN:

WRIST MEASUREMENT (MM)	WRIST MEASUREMENT (IN)	ADD 12.7 MM	SIZE
160 MM	6.3 IN	172.7 MM	S
170.1 MM	6.7 IN	182.8 MM	M
180.34 MM	7.1 IN	193.04 MM	L
190.5 MM	7.5 IN	203.2 MM	X-L
208.2MM-215.9 MM	8.2 IN-8.5 IN	220.9 MM-228.6 MM	XX-L

BANGLE

Method 1 bangle:

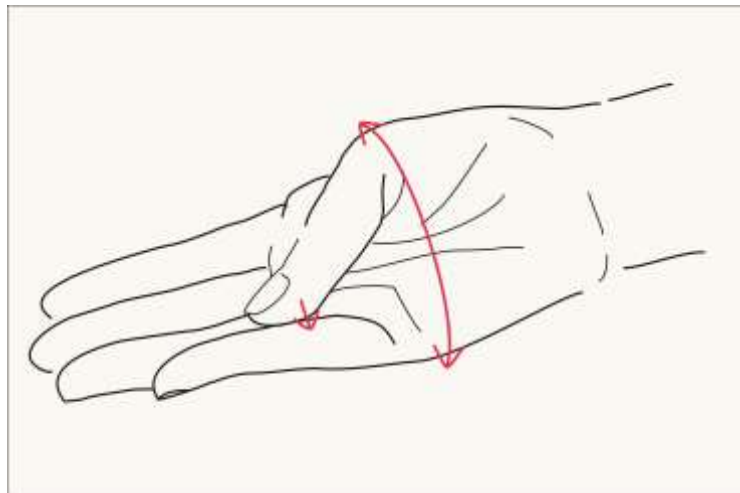
Measure Good Fitting Bangles that You Already Own: Take out bangles that you already have and measure the inside diameter and compare to the chart. As long as you measure the inside diameter of your current bangles this will be an accurate way to find your bangle size.

OR

Place the bangle on a scale and measure its inner diameter. Check the table provided to confirm your exact bangle size.

Method 2 bangle:

Measure Your Hand



1. Cut a thin thread.
2. Bring your thumb and little finger together and measure where your hand is the widest.
3. Mark the spot where the thread meets.
4. Measure the length of the thread with your ruler.
5. Use the following chart to determine your Bangle size. After determining the diameter, choose a bangle that's at least 1/4 inch larger in diameter than the diameter measurement of your hand.

BANGLE SIZE CHART FOR WOMEN:

DIAMETER		CIRCUMFERENCE		SIZE
INCHES	MM	INCHES	MM	
2.125	54	6.67	169.4	2 2
2.25	57.2	7.06	179.6	2 4
2.375	60.3	7.46	189.5	2 6
2.5	63.5	7.85	199.4	2 8
2.625	66.7	8.24	209.3	2 10
2.75	69.9	8.64	219.5	2 12
2.875	73	9.03	229.4	2 14
3	76.3	9.42	239.3	3